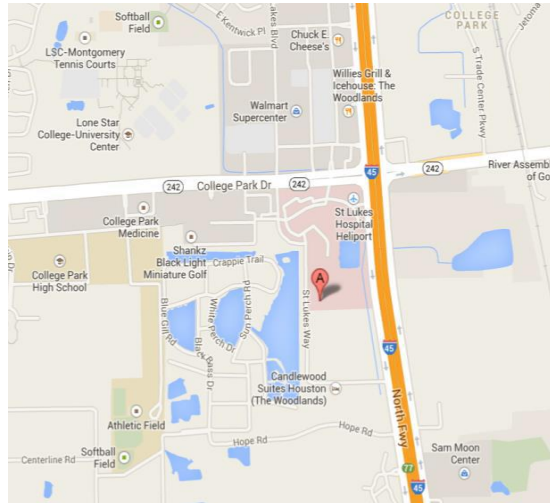
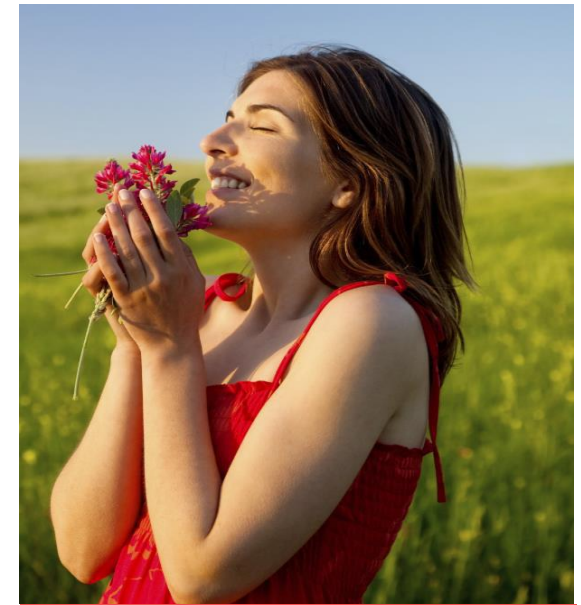


Type	Subcutaneous Immunotherapy (SCIT)	Sublingual Immunotherapy (SLIT)
Medication Cost	Variable based on insurance	Contact office
Additional Costs	Transportation costs to the office and time commitment (20 minutes wait in office after each weekly treatment)	Not for inhalant allergens
Insurance Coverage	Yes, yet still responsible for deductible and co-payments	No
Risk	Yes, there is a risk of an injection site localized reaction, asthma flare-up or anaphylaxis	Very minimal
Pain	May be 1-2 shots which can cause pain	None
Location of Treatment	Administered in our office only	Your home
Frequency of Administration	Once a week initially	Once a day placing drops under tongue for 2 minutes then swallow
Duration of Treatment	3-5 years	1-3 years
Effective	Yes	Yes
Compliance	30-50% Patient dependent	80-97% Patient



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SUBLINGUAL IMMUNOTHERAPY

What You Need To Know

Allergy drops for inhalant allergies are taken once a day, every day.

How To Proceed

Once you have completed all allergy testing and you and your physician decide allergy drops are the right choice for you, we are able to proceed with treatment. You will need to pay for your allergy drops before they can be ordered. When your allergy drops are available, you will be given a call with a time to come to the Allergy Department to pick them up. The first dose will be administered in office, to make sure you tolerate the drops. At the end of the 20 minute trial period you will be able to take your drops home. You will receive enough allergen to last 6 weeks. When your drops are getting low, you will need to notify the office ahead of time. You can pay for your new drops over the phone at that time.

Can I switch from Allergy Injections

Yes, with an order from your physician at Adult & Pediatric ENT & Allergy of The Woodlands. However, it is not advised to switch back and forth.

Taste

Most patients report not noticing much taste at all. The allergens are normally preserved in a 50% glycerin preservative, therefore, they may have a sweet taste. Occasionally some patients report a more noticeable taste. This is an individual response.

Side Effects

Side effects to allergy drops are minimal. You may experience some localized reaction of itchiness, slight numbness, or a tingling sensation. You may also notice some stomach discomfort. If you experience side effects, call the Allergy Department for directions.

Allergy Drop Therapy

Sublingual Immunotherapy (SLIT) is an Allergy Drop Therapy, and has been shown to be effective against all types of allergens and some food allergens.

Because drops are very safe, they can be used at home. Drops naturally suppress the allergic part of the immune system without significant side reactions. Drops should be used daily for a stronger and quicker result. Drop therapy continues for 1-3 years while your immune response to allergens changes.

Administering Drops

ALWAYS stand in front of a mirror to watch the drop fall beneath the tongue. **Do not eat or drink before or after taking your drops.**

Instructions:

1. Give the vial a gentle shake.
2. Place drop (s) underneath the front of the tongue, hold the drop in your mouth for 2 minutes, and swallow.

If you miss a dose, pick up where you left off but **DO NOT** try to make up any missed doses.

If you miss more than one week, please contact the clinic for a revised schedule.

Travel and Storage

Drop vials may be kept in the refrigerator for longer potency. You may travel with drops but you must take special precaution to ensure your vial does not leak.

If you are making plans to travel, please contact the clinic to obtain instructions and any documentation needed.

Re-Ordering Drops

Each allergy drop vial is scheduled to be around a 6 week supply. The schedule used to track your drop usage will inform you when it is time to re-order your drops. Drops may be re-ordered by calling Adult & Pediatric ENT & Allergy of The Woodlands. You may arrange payment over the phone. Please allow one to two weeks to receive your new vial(s).