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## POST-OPERATIVE CARE INFORMATION FOR SURGICAL PROCEDURES

To the Patient/Guardian, \_\_\_\_\_ Surgery Date: \_\_\_\_\_ Center Name: \_\_\_\_\_

### POST OP CARE INSTRUCTIONS FOLLOWING MYRINGOTOMY WITH INSERTION OF PE TUBES:

There has been a great deal of experience with the use of PE tubes in the last four decades. It has been shown to be a safe and reliable procedure. As in any procedure, complications and questions may occur. The following information should address that.

We feel that our patients should be aware of the following potential complications and risks:

1. Failure of hole in eardrum to close after tube comes out. This occurs in about 1% of patients and can be corrected should it persist.
2. Tubes remain in place a variable period of time. If the tube comes out too soon, it may need to be re-inserted.
3. A tube may become blocked by wax, blood, or ear drainage, which may require replacement of the blocked tube.
4. If the tube does not come out on its own within a reasonable length of time, it may be necessary to remove the tube.
5. Recurring ear infections in spite of tubes.
6. Additional sets of tubes may be required if the patient does not outgrow the problem.

### Recommended Post Operative Care

Discuss with our nursing staff on types of ear plugs if required with the price ranges from \$10-\$70 which will not be filed with your insurance company. Temporary method of using a cotton ball with outer coating of Vaseline can be used safely for water protection for the ear canals during routine bathing or shampooing.

One must prevent water getting into the ear canals and hence ear plugs will be required when patient is shampooing, bathing, showering, or doing other water activities. In general, ear plugs are not required in either a chlorine or saline treated swimming pool.

Your first post op follow-up exam is usually at approximately 2 weeks after surgery. Routine follow-up in our office is usually approximately 2 times per year.