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## POST-OPERATIVE CARE INFORMATION FOR SURGICAL PROCEDURES

To the Patient/Guardian, \_\_\_\_\_ Surgery Date: \_\_\_\_\_ Center Name: \_\_\_\_\_

### POST OP CARE INSTRUCTIONS FOLLOWING CLOSED REDUCTION OF NASAL FRACTURE:

- 1) Surgery is done through the nostrils. There may be some external bruising and swelling.
- 2) You will have a layer of tape over the skin on your nose and then a splint or a case. This should be left in position for 7 days post-operative. Avoid getting it wet.
- 3) Your surgeon may use gauze packing to support the nose internally and must remain in place for several days. If there is gauze packing present and if some of the packing falls out when changing the drip pad, you may gently snip it off.
- 4) Avoid hitting or bumping your nose. (i.e. pets, children, contact sports) until your nose is healed. This usually takes three weeks post-op.
- 5) There may be some bloody drainage from the nose during the first 24 hours. Changed your pad under your nose as necessary.
- 6) Your first post-op visit will be approximately 7 days after surgery.